

LOCAL YOUTH XPERTS

MENTAL HEALTH &
LEISURE ACTIVITIES



INFORMATION FOR ALL THE TOOLS

Who can benefit from the tools

- decision-makers in the municipal council, the executive committee, the heads of childhood and youth services board, or other main committees
- service managers, headteachers, project leaders, or advisors in the municipal administration

Those who are invited must receive understandable, engaging information about

- what the theme is and what the answers will be used for
- who is wondering about this and why these questions are being asked
- how the answers will be used

The responsibility of decision-makers when collecting answers from children and young people

- ensure that the participants receive a greeting or a video as thanks for taking part
- ensure that the participants know how they can get in touch if they have more to contribute or are wondering about something
- ensure that the participants are told how the answers they have contributed have been used as the basis for the decision and what weight it has been given. This can be done through a text, an audio file, or a video
- publish on the municipality's website or social media how the answers have been used as the basis for the decision and what weight it has been given

02 DIRECT LINE TO DECISION-MAKERS

Purpose of the tool

The tool helps create a shorter distance between children and young people aged 13-20 and decision-makers or leaders in the administration who make decisions that concern children/young people in the municipality. Decision-makers get the opportunity to ask direct questions to groups of children/young people, and children/young people get the opportunity to give direct advice or ideas to adults who make decisions that concern them. This is done using an app or a website.

What the tool can be used for

- decision-makers/other decision-makers provide information directly to children/young people
- The mayor, the chair of the heads of childhood and youth services board or another board/committee, the childhood and youth services manager, etc., can send out questions directly to a group of children/young people
- Children and young people can send advice or ideas directly to decision-makers
- Children/young people can read previous questions and answers

How information about the app/website is provided

To children and young people aged 13–20 who have been in contact with help services, youth clubs, or who take part in cultural activities

Which children/young people can be asked

Questions can be sent to several groups of children/young people to whom the decision applies, in order to collect answers from many in a group/selection

USER GUIDE

How children and young people can register

- Children and young people can register on a website; they can register their name, age, phone number, which area of the municipality they live in, school year, and which help services they have experience with

How questions can be sent out

- The municipality can use an already existing programme to send out questions
 - Google Forms
 - Questback
 - Nettskjema.no
 - SurveyMonkey
- The link to the questionnaire can be sent out via
 - public health nurses
 - help services
 - directly to the phone numbers of young people who have registered

Who the questions can be asked to

- All children and young people
- All who have registered that:
 - they are a certain age
 - they live in a certain area
 - they are in a particular school year
 - they have experience with the School Health Service
 - they have experience with the Municipal Health Centre
 - they have spent a lot of time at youth clubs

A question is sent out, children and young people receive a notification

- The mayor / the chair of the heads of childhood and youth services board sends out a question, information about why this question is being asked now, and information about what the answers will be used for
- Children and young people who are registered receive a text message with a link

After the decision has been made

- The mayor / the chair of the heads of childhood and youth services board sends a notification to everyone who submitted input, explaining how the input from the young people has been included

WHEN YOUNG PEOPLE SUBMIT ADVICE OR AN IDEA

How the advice or ideas can be submitted

- A link to a form is posted on Teams or Visma
- The form is also posted on the municipality's website

Choosing whether to be anonymous

- Everyone who wants to submit advice or ideas must log in with BankID, MinID, or Feide
- They can choose whether to submit anonymously or not
- They can choose whether the advice or idea can be made visible for others to see
- Someone in the municipality filters out joke or irrelevant submissions before the decision-makers receive the questions

If the mayor or another politician comments:

- When the mayor has thanked and/or commented, the person who submitted the input receives a notification
- The mayor can choose to respond in writing or in a short video
- If the child or young person has approved it, the advice or idea is posted where everyone can see it

